

Week ONE

MAIN MEALS

DESSERTS

MONDAY

Traditional Pork Sausages, Creamed Potatoes & Baked Beans

Quorn Chilli con Carne (V) & Rice

Baked Jacket Potato served with Baked Beans & Salad

Chocolate Sponge served with Peppermint Sauce

Fruit Cocktail

TUESDAY

Savoury Minced Beef & Vegetables served in a Yorkshire Pudding, Herby Diced Potatoes & Sweetcorn

Vegetable Lasagne with Crusty Bread & Salad

Fish Finger Wrap served with Coleslaw & Salad

Shortbread Squares

Raspberry Arctic Roll

WEDNESDAY

Turkey Meatballs in Tomato Sauce with sweetcorn

Crispy Salt & Vinegar Fish Goujons, Potato Wedges & Peas

Baked Jacket Potato served with Cheddar Cheese & Salad

American Muffin

Apricot Flapjack

Orange Cuplet

THURSDAY

Roast Pork Loin with Stuffing & Gravy, Roast Potatoes, Cabbage & Carrots

Pasta in a Creamy Tomato Sauce (V) with Garlic Bread & Salad

Filled Tuna Sub Roll with Fruity Coleslaw & Salad

Baked Sponge & Custard

Fromage Frais

FRIDAY

Cod Fillet Fish Fingers, Chips & Country Mixed Vegetables

Pizza Margarita, Jacket Potato & Country Mixed Vegetables

Baked Jacket Potato served with Baked Beans & Salad

Oaty Cherry Crumble & Custard

Fruit Ice Cream Pot

Week commencing 1 Sept, 22 Sept, 13 Oct, 10 Nov, 1 Dec, 5 Jan, 26 Jan, 23 Feb, 16 Mar

Fresh Fruit, Yoghurt, Bread & Drinking Water available daily

Week TWO

MAIN MEALS

DESSERTS

MONDAY

100% Beef Burger in a Bun with Salad, Chipped Potatoes, Garden Peas & Ketchup

Spaghetti Napolitano (V) Garden Peas Garlic Bread & Salad

Baked Jacket Potato with a Cheddar Cheese Savoury & Salad

Creamy Rice Pudding & Jam

Chocolate & Orange Brownie

TUESDAY

Baked Crispy Chicken Chunks, Creamed Potatoes Peas & Sweetcorn

Spicy Bean Casserole served with Mixed Rice Peas & Sweetcorn

Crusty Tuna Baguette, Potato Salad & Salad

Canadian Ginger Sponge

Strawberry Mousse

WEDNESDAY

Meat & Potato Pie & Beetroot served with Vegetable Medley

Omelette with Jacket Wedges & Baked Beans

Baked Jacket Potato with Baked Beans & Salad

Baked Jam Sponge & Custard

Fruit Cheesecake

THURSDAY

Roast Chicken Fillet with Stuffing, Roast Potatoes, Broccoli & Carrots

Cheese & Tomato Quiche, Roast Potatoes, Broccoli & Carrots

Tuna Pitta Pockets, Salad & Potatoes

Apple Pie & Custard

Jelly & Ice Cream

FRIDAY

White Fish in Batter with Lemon Wedge, New Potatoes & Mushy Peas

Cheese Whirls with New Potatoes and Mushy Peas

Baked Jacket Potato with Baked Beans & Salad

Chimney Pot Cake

Oat Cookies

Milk Shake

Week commencing 8 Sept, 29 Sept, 20 Oct, 17 Nov, 8 Dec, 12 Jan, 2 Feb, 2 Mar, 23 Mar

Menus may vary in certain schools to accommodate religious practices

Week THREE

MAIN MEALS

DESSERTS

MONDAY

Crispy Chicken Goujons, Potato Smiles & Baked Beans

Vegetable Balti (V), Rice & Naan Bread

Baked Jacket Potato with Baked Beans & Salad

Bakewell Tart & Custard

Cheese & Biscuits

TUESDAY

Pasta Bolognese with Salad & Garlic Bread

Salmon Fishcake, Potato Wedges, Green Beans

Hot Cheese Baguette with Salad & Wedges

St. Clements's Cake

Gingerbread Fingers

Milk Shake

WEDNESDAY

Balti Turkey Curry with Mixed Rice

Broccoli, Cauliflower and Potato Bake(V) with Salad

Baked Jacket Potato with Tuna & Salad

Paris Sandwich & Custard

Flapjack

THURSDAY

Plate Meat Pie with New Potatoes, Carrot & Swede Mash Gravy

Tuna Pasta Bake with Crusty Bread & Salad

Egg Mayonnaise Sub Roll, Coleslaw and Salad

Vanilla Sponge & Chocolate Sauce

Peach Melba

FRIDAY

Cheese & Onion Pie, Chips & Garden Peas

Double Cod Finger Fish in a Bun, Tomato Ketchup Chips & Garden Peas

Baked Jacket Potato with Baked Beans & salad

Eve's Pudding & Custard

Chocolate Mousse

Week commencing 15 Sept, 6 Oct, 3 Nov, 24 Nov, 15 Dec, 19 Jan, 9 Feb, 9 Mar, 30 Mar

Whilst every effort is made to produce these menus, please be aware that they may vary occasionally subject to availability

Wanted

Casual Catering Assistants

Good rates of pay

Term time only

Training provided

Uniform supplied

INTERESTED? - THEN PLEASE CALL
0161 253 5710
 OR CALL INTO A SCHOOL KITCHEN NEAR YOU!

SCHOOLS CATERING SERVICES

