

LUNCH WEEK 1 MENU



MAIN EVENT

MONDAY
Chicken & Vegetable
Meatballs in Tomato
Sauce with Pasta
Twirlers

TUESDAY
Mild Chicken Curry
with Whole Grain
Rice

WEDNESDAY
Sausages with
Mashed Potatoes
and Gravy

THURSDAY
BBQ Drizzle Pizza
with Baked Potato
Wedges

FRIDAY
Golden Fish Fingers
or Salmon Fingers
with Chips



MEAT-FREE MAGIC Vegetarian Dish

Sweet Chilli
Vegetable Stir Fry
with Whole Grain
Rice

Cheesy Broccoli
Pasta Bake

Homemade Cheese
and Leek Sausages
with Mashed
Potatoes and Gravy

Tarka Dhal Curry
(Veggie Lentil Curry)
with Whole Grain
Rice

Pizza
Margherita
with Chips



RAINBOW ALLEY Vegetables and Salads

Mixed Salad

Green Beans

Broccoli

Peas

Baked Beans

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans

LUNCH WEEK 2 MENU



MAIN EVENT

MONDAY
All Day Breakfast
Brunch
Sausage, Egg, Hash
Brown and Beans

TUESDAY
Pizza Margherita
with Baked Potato
Wedges

WEDNESDAY
Minced Beef and
Onion Pie with Mash

THURSDAY
Chicken
Chow Mein
(Noodles)

FRIDAY
Golden Fish
Fingers
with Chips



MEAT-FREE MAGIC Vegetarian Dish

All Day Veggie
Breakfast Brunch
Veggie Sausage, Egg,
Hash Brown and Beans

Golden Vegetable
Fingers with Baked
Potato Wedges

Super Veggie Pie
Vegetable, Lentil and
Onion Pie with Mash

Mexican Bean Wrap
with Whole Grain
Rice

Cheesy Sweetcorn
Pizza
with Chips



RAINBOW ALLEY Vegetables and Salads

Baked Beans

Green Salad

Carrots

Sweetcorn

Baked Beans

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans

LUNCH WEEK 3 MENU



MAIN EVENT

MONDAY
Hot Dog
with Baked Potato
Wedges

TUESDAY
Tomato & Roasted
Vegetable Pasta
Bake

WEDNESDAY
Roast Gammon
with Roast Potatoes
and Gravy

THURSDAY
Pizza Day!
Veggie Supreme
Pizza with Baked
Potato Wedges

FRIDAY
Golden Fish
Fingers
with Chips



MEAT-FREE MAGIC Vegetarian Dish

Vegetarian
Shepherd's Pie

Mixed Vegetable
Korma with
Whole Grain Rice

Baked
Mac n Cheese

BBQ Drizzle
Pizza with Baked
Potato Wedges

Golden Vegetable
Fingers
with Chips



RAINBOW ALLEY Vegetables and Salads

Green Beans

Broccoli

Carrots

Peas

Baked Beans

Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans